



*"Good News Today"*

Sunday 7:30 A.M.

EPB Ch. 152

*"GBN"*

EPB Ch. 152

Internet GNBTv.org

Also can be seen on Roku,  
Android and IOS

*"In Search of the Lord's Way"*

Sunday 8:00 A.M. Ch. 12,

Comcast 13

*"Preaching The Gospel"*

Sunday 7:30 AM

DirecTV Ch 267

Dish Network Ch. 376

*Supported Mission Work*

Louis Rushmore

Cusco / Peru

WBS Connect

Martin-Boyd Endowment Fund

Zambia

In Search of the Lord's Way

### MEETING TIMES

#### SUNDAY

Bible Study - 9:30 AM

Worship - 10:30 AM

Worship - 6:00 PM

#### WEDNESDAY

Bible Study - 7:00

**(423) 499-8080**

### ELDERS

*Melvin Wilson*

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*Winston Stringfield*

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*J.J. Winston*

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423-991-4582

*Frank Caruthers Sr.*

### DEACONS

*Steve Jackson - Events*

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*Jason Parscale - Education*

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*David Wheeler - Technology*

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### PREACHERS

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*Allen Tackett*

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*Larry Judd*

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### TREASURER

*Ty McGee*

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423-488-2255

## *Ooltewah Church of Christ*

3206 Ooltewah - Ringgold Rd.

Ooltewah, TN 37363

**August 26, 2018**

### **Proper Diet**



- Gluten Free
- Salt Free
- Sugar Free
- Low Fat

And the list could go on about things about proper diets. Some of those diets are difficult!

We go to a restaurant or some meal – and there they are ... those delicious looking deserts ... chocolate cakes, sugar cookies, glazed donuts ... and we know for our own health we must resist, yet it is hard!

Ever think about our spiritual diet? The old devil throws out those temptations appealing to the lust of the eye, the lust of the flesh, the pride of life, and it is so enticing, yet for our spiritual wellbeing, we know we must resist.

Philippians 4: 8, (ESV) "Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things."

Let's encourage one another in our proper, spiritual diet!

In HIM,  
~Larry Judd



**Glennon Caruthers** - undergoing tests  
**Dennis & Brenda Howell** - in need of prayers for strength & encouragement  
**Clifton Angel** - Thyroid cancer  
**Jordy Higdon** - undergoing tests  
**Joey Palmer** - recovering from recent surgery  
**Oommens Family in Sothern India** - dealing with massive flooding in their area  
**Cody Stapleton** - Patsy Graham's nephew recovering from recent surgery  
**Charlie Cochran** - continues to improve after recent heart surgery  
**Cassie & Jason Howell** - planning a move to Huntsville in the near future  
**Leon Smartt** - improving, please keep him and his family in your prayers  
**Cindy Conrad** - serious health issues  
**Marti Roberts** - Rhyan Dishroom's mom, has been moved to Standifer Place for rehab  
**Jane Dougherty** - ongoing health issues  
**Ann Benefield** - long term health issues  
**Doug Matthews** - serious health issues  
**Kim McArthur and Shelley Pickel** - Ann Benefields daughters with health issues  
**Sue Yerbey** - ongoing health issues  
**Frank Caruthers, Sr.** - ongoing health issues, please also remember his family  
**Sue Ondercin** - undergoing chemotherapy  
**Michael Osteen** - health issues  
**Frank Crownover** - heart issues



**Young at Heart Class**  
*Every Thursday at 1:00*

**Summer Series at Ooltewah**  
*Every Wednesday in August at 7:00 pm*  
*Only one week left....*  
*8/29 David Pharr - St. Elmo*

**End of Summer Fun!!**  
*After the service this evening we will have hotdogs, chips and watermelon plus a fun game of kickball. Fun for all ages!!*

**Men's Fellowship Breakfast**  
*There will NOT be a breakfast in September due to the holiday. We will pick back up on October 6th*

**6th Annual Youth Day**  
*East Side Church of Christ*  
*September 8, 2018*

**Elder, Deacon, Preacher, & Treasurer Meeting**  
*September 9th at 4:30*

**Teen Singing**  
*Soddy Church of Christ*  
*September 9th at 2:30*

**Ladies Class**  
*September 15th at 10:00 am*

**Sewing Group**  
*September 16th at 4:00 pm*

**Gospel Meeting at Ooltewah**  
*October 19th - 21st*  
*more info coming soon...*

**The Diana Singing**  
*September 14th & 15th*  
*The Diana Singing is held in Diana, TN The singing begins each night at 7:30 P.M. and lasts until about 11:30 at night.*  
*For GPS use this address:*  
*2772 Diana Road*  
*Cornersville, TN 37047*

**Bulletin Updates**  
**Please send all bulletin updates and/or additions for the prayer list and special events to:**  
**[OoltewahChurchofChrist@epbf.com](mailto:OoltewahChurchofChrist@epbf.com)**  
**or text Lori at 423-488-2725**

<b><i>Attendance Last Week</i></b>	
<b>Bible School.....</b>	<b>37</b>
<b>Sunday AM.....</b>	<b>77</b>
<b>Sunday PM.....</b>	<b>52</b>
<b>Wednesday.....</b>	<b>50</b>
<b><i>Hebrews 10:25</i></b>	

**Words of Wisdom**  
**If you are a caring person on the inside, make sure your "outside" shows it.**

**SERVICE OPPORTUNITIES**

**Lord's Supper**  
 Allen Tackett Brad Kilgore  
 Jim Sauls Jason Parscale

**A.M.**  
 Announcements.....J.J. Winston  
 OpeningPrayer.....Mark Lynn  
 Lead Singing.....Ty McGee  
 Read Scripture.....Trent Jackson  
 Sermon.....Denny Howell  
 Closing Prayer.....Steve Jackson

**P.M.**  
 Announcements.....J.J. Winston  
 Opening Prayer.....Mark Smith  
 Lead Singing.....Ty McGee  
 Read Scripture.....Rhyan Dishroom  
 Sermon.....Allen Tackett  
 Lord's Supper.....Winston Stringfield  
 Closing Prayer.....Denny Howell

**WED.**  
 Announcements.....Denny Howell  
 Opening Prayer.....David Wheeler  
 Lead Singing.....Allen Tackett  
 Invitation.....David Pharr  
 Closing Prayer.....Melvin Wilson

**GET CONNECTED**  
**e-mail us at**  
**[OoltewahChurchofChrist@epbf.com](mailto:OoltewahChurchofChrist@epbf.com)**  
**wifi password: @r@maic1**  
**Check out the website at:**  
**[OoltewahChurchofChrist.com](http://OoltewahChurchofChrist.com)**



**PLEASE REMEMBER**  
**to silence your cell phone and all other mobile devices.**  
**Thank you!**

**There are cards to sign this morning!!**