

"Good News Today"
Sunday 7:30 A.M.
EPB Ch. 152
"GBN"
EPB Ch. 152
Internet GNBTV.org
Also can be seen on Roku,
Android and IOS
"In Search of the Lord's Way"
Sunday 8:00 A.M. Ch. 12,
Comcast 13
"Preaching The Gospel"
Sunday 7:30 AM
DirecTV Ch 267
Dish Network Ch. 376

Supported Mission Work

Louis Rushmore
Cusco / Peru
WBS Connect
Martin-Boyd Endowment Fund
Zambia
In Search of the Lord's Way
Good News Today
Russia

# MEETING TIMES SUNDAY

Bible Study - 9:30 AM Worship - 10:30 AM Worship - 6:00 PM

WEDNESDAY Bible Study - 7:00

(423) 499-8080

#### **ELDERS**

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Frank Caruthers Sr.

#### **DEACONS**

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## **PREACHERS**

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## Ooltewah Church of Christ

3206 Ooltewah - Ringgold Rd. Ooltewah, TN 37363 November 4, 2018

## Shh....

There are some topics that just seem to be those that are not discussed, taboo, just kept quiet, swept under the rug, yet they are real! *Depression* is one of those topics!

Did you know that over 16 million Americans suffer from depression each year? We are approaching the time of year, when many lives just don't seem to measure up to all the joy depicted with the glittering lights of the seasons, aren't depicted by the Norman Rockwell pictures of family togetherness and happiness, don't measure up to the Hallmark Holiday Movies, and we wonder "what's wrong?".

Some depression may be a physical diagnosis, a mental situation that requires medication. Often times there is a stigma associated with it. However, do we hesitate to take an antibiotic for an infection? Do we hesitate taking a cough medication for a persistent cough? No stigmas with those. Sometimes medication is necessary.

However, let's not negate or overlook the joy that Jesus wants us to have. John 10: 10 (NKJV), "The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly." Philippians 4: 4, (NKJV) "Rejoice in the Lord always. Again I will say, rejoice!"

Let's be loving, helpful, compassionate – realizing that some may have an empty place at the table, some may not have family in the area, some may have family members who are deployed, some may be shut-in with illness or frailties. Let's look for opportunities to serve, and help share the love, joy, and happiness of Jesus.

With love and compassion,

Larry



<u>Tim Arthur</u> - responded to the Lord's Invitation last Sunday

<u>Sara Parscale</u> - having some issues with her back

**Frank Caruthers, Sr.** - in room 304 at Erlanger East

<u>Keith Burns</u> - diagnosed with intestinal cancer

Lloyd Harper - Pam Jackson's brother in law, recovering from surgery

Joyce Parscale - continued health issues

Rita McDonald - daughter of Dorothy

Brown, hospitalized in Birmingham

Tony Kilgore - Joy's husband, he is recovering from recent foot surgery

Austin McGee - awaiting test results

Catherine Caylor - pinched nerve

Sue Ondercin - Bob Quick's sister, will be undergoing more chemo treatments

Charlie Evans - friend of the Winston

Family, has stage 4 pancreatic cancer

Rick Snow - continues to recover after suffering a stoke

<u>Glennon Caruthers</u> - undergoing treatment for breast cancer <u>Leon Smartt</u> - improving

Ann Benefield - Ann, her son in law and her daughters, Kim McArthur and Shelley Pickel are all dealing with health issues.

Sue Yerbey - ongoing health issues

Attendance Last	Week
Bible School	49
Sunday AM	101
Sunday PM	60
Wednesday	39
Hebrews 10:24,	<i>25</i>



### Gospel Meeting at Riverbend Church of Christ

November 4 - 7 Speaker: Wade Webster

#### Baby Shower Tea for Brittany Yerbey

Date: November 4th
Time: 3:30 - 5:30 p.m.
Place: Collier Place Clubhouse
Brittany and Joey are registered
at Target and Walmart

### Friends & Family Day at Central Church of Christ in Cleveland

November 11th

More info posted on the bulletin board

## <u>Teen Singing at Mtn. View</u> <u>Church of Christ</u>

Sunday, November 11th at 2:30 pm

## Men's Fellowship Breakfast

Saturday, December 1st at 9:00 a.m. please see the sign up sheet in the foyer



Saturday, December 1st at 5:00 pm That's right!! The holiday season is upon us. We hope that you'll plan to come and take part in the fellowship, food and fun. More details to come...

#### Dan Winkler at Ooltewah

Wednesday, January 2nd at 7:00 p.m. Topic: Portraits of Grace

#### **GET CONNECTED**

e-mail us at OoltewahChurchofChrist@epbfi.com

wifi password: @r@maic1

Check out the website at: OoltewahChurchofChrist.com

#### Secret Sisters

Ladies, please don't forget about your secret sister if you signed up to take part in the program. Thank you!!



Don't Forget to silence your cell phone and other mobile devices. Thank you!!

#### SERVICE OPPORTUNITIES

Lord's Supper

Brad Kilgore Jason Parscale Rob Miller Johnny Gross

A.M.

Announcements	Ty McGee
OpeningPrayer	Mark Smith
Lead Singing	Larry Judd
Read Scripture	Tanner Parscale
Sermon	Denny Howell
Closing Prayer	Steve Jackson

#### P.M.

Announcements	Ty McGee
Opening Prayer	Melvin Wilson
Lead Singing	Allen Tackett
Read Scripture	Trent Jackson
Sermon	Larry Judd
Lord's Supper	Denny Howell
Closing Prayer	Rhyan Dishroom

#### WED

WED.	
Announcements	Denny Howell
Opening Prayer	J.J. Winston
Lead Singing	Larry Judd
Invitation	Denny Howell
Closing Prayer	Jim Sauls

## **Finding More Time to Study the Bible**

- 1. Wake up ten minutes earlier each morning and use that time to read.
- 2. Keep a Bible by your bed to read each night before going to sleep.
- 3. Turn the TV or computer off and read, and/or read to your children.
- 4. Purchase an audio version of the Bible and listen while you drive to work.
- 5. Obtain audio sermons and listen when time allows.